

Novel Coronavirus (COVID-19)

Human Coronaviruses are a family of viruses that commonly cause mild to moderate illness like the common cold. Almost everyone gets infected with one of these viruses at some point in their lives, and most of the time the illness lasts for a short amount of time. A new human coronavirus, called the 2019 Novel Coronavirus (2019-nCoV), was discovered in Wuhan City, China, in December 2019. While we know it's contagious, it is still not known how easily it spreads from person to person. COVID-19 likely has a wide spectrum of disease, with many experiencing mild symptoms and only the more severe seeking medical attention.

Ohio Chapter

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American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN®



SYMPTOMS:



SORE THROAT



COUGH



FEVER



HEADACHE



RUNNY NOSE



DIFFICULTY BREATHING

TRANSMISSION:

PERSONAL CONTACT →

← CONTAMINATED OBJECTS



PROTECTIVE MEASURES:



WASH HANDS

frequently, for at least 20 seconds in soap and water.



Utilize a greater than 60% alcohol-based hand **SANITIZER.**



Avoid TOUCHING eyes, nose and mouth with unwashed hands.



Cover COUGHS and sneezes with tissues that are immediately thrown away.



CLEAN AND DISINFECT

household objects and surfaces in your home.



Use of facemasks is **NOT RECOMMENDED** for the general public.



STAY HOME when sick and keep your immune system strong by eating healthy foods, drinking plenty of water and getting enough rest.

COMPARE

CORONAVIRUS

80,000

cases in 37 countries worldwide, 15 cases in US

2,700

deaths worldwide*

FLU

32 MILLION

estimated flu illnesses just in the US this flu season

18,000

deaths in the US this season and 310,000 have been hospitalized*

*As of February, 2020. These numbers, provided by the World Health Organization and the Centers for Disease Control, are estimates and change daily.

As information about COVID-19 is evolving rapidly, you can get up to date information from the Centers for Disease Control and Prevention (www.CDC.gov) or the World Health Organization (<https://www.who.int/emergencies/diseases/novel-coronavirus-2019/situation-reports/>).